

**Apr 2009**

## **A Call To Action**

I would like to share with you a subject this month that is near and dear to my heart. I wrote in our last newsletter that we are in the best of times. With that I meant that we are experiencing a time when our Universe is going through a transformation. This accelerated change is due to a myriad of factors, some of which are noted in scientifically documented reports about our solar system (see NASA's website for one of many articles about [these changes](http://www.gsfc.nasa.gov/topstory/20020801gravityfield.html) <http://www.gsfc.nasa.gov/topstory/20020801gravityfield.html>).

Its inhabitants, it seems, are starting to feel the effects of these changes as the electro-magnetics of the Earth are changing. Think about the Full Moon on steroids and you will start to connect with what I am saying! Many other changes that have been prophesized by nearly every religion, sage and seer throughout the ages are starting to be evident. For the past year and a half I have felt that my "codings have been activated". I am called upon, or I signed up for the opportunity to be a wayshower for the Shift of the Ages. That is why I share so freely with you and anyone willing to consider the possibility of a major turning point for mankind. Has anyone else felt that? I would love to hear from you if you have. You can email me at [director@bellanina.com](mailto:director@bellanina.com).

I published an article this month in Natural Awakenings Magazine <http://content.yudu.com/A15oz2/0904A2mag/resources/index.htm?referrerUrl=>. This article echoed my ideas of the importance that we now face of joining together collectively to make a beautiful world. My article (click on the link above and turn to page 14) is a Call to Action to start thinking about creating a new reality away from the dependence on government and current social structures.

I have always felt that my Bellanina graduates are way ahead of the curve in respect to understanding energy and the interconnectedness of all things. Massage Therapists and Healers intuitively feel the heartbeat of the Earth and intuitively feel the winds of change. I urge you at this time to be forerunners in a new collective consciousness of change and to help facilitate the old energy into the new. Few people doubt that the world will never be the same and that we are in the midst of a great transformation. The outcome is truly up to each individual's commitment to join together collectively in creating a beautiful world.

As a Facelift Massage Practitioner, you have the opportunity to create beauty with your healing hands AND a beautiful world through your thoughts, feelings and actions! I hope you enjoy my article.

Namaste,

Nina Howard, Director