

# THE CRAZY WISDOM CALENDAR

A Free Guide to Local Classes, Workshops and Events  
SEPTEMBER THROUGH DECEMBER 2011



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# Envisioning the Shift: Our Role in the New Paradigm

By Nina Howard, Photo by Joni Strickfaden

Life is pregnant with change, and the new paradigm is in the birth canal. "What is going on," you ask? According to many indigenous tribes, cosmologists, scientists and seers, we are about a year away from the Earth giving birth to a new beginning, although we are already in 'the shift.' Many people are consciously choosing to change with the changing Earth; others are resisting change, kicking and screaming. Which one are you?

Our Earth and solar system are completing 3 simultaneous cycles: a 5,125 year cycle, a 26,625 year cycle known in astrology as the Precession of the Equinoxes, and a 75,000 year cycle. Historical data shows us that the end of such cycles is much like the end of a season; planetary 'upheaval' renews the Earth, creating a refocus and rebirth for all upon it, taking us to a higher dimensional (or hertz) frequency. Although the media puts a spin on 2012 as

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a doomsday scenario, the world is not ending. The timekeepers of the world, the Mayans, mark time with "waves" or "underworlds." In our lifetime, having passed through a wave dominated by actions of power and greed to a wave being dominated by actions of ethics and transparency, we are now cycling into the last wave called conscious co-creation, where we are collectively breaking through the mass mesmerisms of life and have begun to see the world as it truly is. Much like Truman in the movie *The Truman Show* came to the edge of the water only to find a painted sky, we are beginning to discover the world's illusions.

Our world's foundation is crumbling and is not 'fixable'; it needs to be rebuilt from the ground up. Ominous situations seen in all corners of the world are making way for the paradigm shift; upheaval related to debt, diminished resources, a weakening of our monetary system and an increase in 'natural' disasters, to name a few. It is hard to look at the policies of governments in most nations and see coherence, benevolence, enlightened action, or intelligent behavior. The degradation of morals in the 'controlled' media dish out less than enlightening entertainment designed to dumb down our society while competition keeps us in separation with an 'us and them' mindset. Movie scenes of hitting, killing and "power-over" sexuality are a constant. Our children are starting to emulate the behavior and think it is 'normal.' Fear, war and power-mongering will burn itself out in the coming times. The new energies of conscious co-creation will not support this vibrational offering.

Now is the time to discover the true nature of reality that is emerging and embrace this passage into conscious co-creation. This process is like going down the rabbit hole, because many ideas you hold in life and think are real are unreal; true are untrue, good are bad, right are wrong, as well as upside down and backwards! Why would you take the time to learn about all this when you could keep your 'status quo' life, you ask? Because time's up for this social experiment and it is time to prepare for the quantum leap. The old ways are falling away and a higher level of order is upon us. Ideas that we have held about our world and the ways in which we do things must change. Consciousness has its own agenda and we bow to its wisdom.



Photo by Joni Strickfaden of StrickfadenPhoto.com

**Nina Howard** has been teaching metaphysical classes since 1988. She is also the founder and owner of Bellanina Day Spa & Institute.

"We are beginning to realize that our thoughts, words and deeds impact the whole. What changes will you make inside of yourself now to begin the journey of awakening consciousness?"

## Ceremonies, Celebrations & Festivals (continued)

**Annual Winter Solstice Celebration with Stephanie Tighe • Dec. 21, 6 p.m. in Lansing** • This is a traditional solstice ceremony honoring the shortest day/longest night of the year. This ritual honors the return of Light and includes feasting, singing, and community sharing of fun and gratitude for our lives and the Light in each of us. \$5. Call 517-667-8448; stephanietighe@gmail.com or spiritweavers@gmail.com.

**12th Annual Holiday Party for Birth Professionals with Center for the Childbearing Year • Dec. 9, 7-11 p.m.** • Join us for THE birth professional networking event of the year. Adults only (breastfeeding babies in arms welcome, of course!). Visit with old friends and make new ones. If you provide professional services to families during the childbearing year, please join us. Free. Bring a dish to pass. Call 663-1523; patty@center4cby.com or center4cby.com.

**Readers/Healers Night with LightWorks Center • Sept. 12, Oct. 10, Nov. 14, Dec. 12; 7-10 p.m.** • This is a fantastic opportunity to come experience many wonderful healing and spiritual modalities presented by gifted practitioners. \$5 admission with mini readings and healings extra. Call Deb at 248-702-7064; lightworkscenter@att.net or integrativewellbeing.com.

**New Year's Eve Burning Bowl Ceremony with Deb Foggio • Dec. 31, 10 a.m.** • An end of the year ceremony to release unwanted energies of the old year while bringing in the desired energy of the new. Discover the energies the new year brings and how to use them to create a more expanded life. Free. Call 248-702-7064; lightworkscenter@att.net or integrativewellbeing.com.

**Christmas Celebration Meditation Gathering with Self Realization Meditation Healing Centre • Dec. 25, 10:15 a.m.** • We warmly welcome you to join us; if possible, please let us know you are coming. We will share in song-chants, inspired thoughts, and a recorded message from Mata Yoganandaji, followed by silent prayer and pure meditation for as long as you wish. People of all faiths, meditation practices, and traditions welcome. No charge. \$9.54 for a pre-reserved lunch. Call 517-641-6201; SRMHCMichigan@cs.com or selfrealizationcentremichigan.org.

**Indigo Forest's Annual Grown-Up Party and Santa Shopping • Dec. 16, 6-10 p.m.** • Celebrate the Solstice and holidays with Indigo Forest! Join us for a moment of breathing, candlelight, and fellowship during this busy season. There will be plenty of lovely food and drink, and a chance to do your Santa shopping child-free. No cost to come. Call Juliana Sanchez at 994-8010; beth@visitindigo.com.

**New Year's Day Service with the Zen Buddhist Temple of Ann Arbor • Jan. 1, 10 a.m.** • Begin the New Year with us in contemplation and meditation. For cost, call 761-6520; annarbor@zenbuddhisttemple.org.